

## Allergen information

|                |              |                |               |
|----------------|--------------|----------------|---------------|
| ✓              | Allergen     | ✓ <sup>B</sup> | Gluten Barley |
| ✓ <sup>W</sup> | Gluten Wheat | ✓ <sup>R</sup> | Gluten Rye    |

**MC** May Contain

## Mains

[illegible]

## Salads

| Salads | menu item                                            | Serving Size (g) | Energy (kcal) | Total Fat (g) | Saturates (g) | Carbohydrate (g) | Sugars (g) | Protein (g) | Salt (g) | Milk Products | Eggs | Fish | Molluscs | Crustaceans | Peanuts | Tree Nuts | Soya | Mustard | Sesame | Celery | Lupin | Gluten         | Sulphur Dioxide |
|--------|------------------------------------------------------|------------------|---------------|---------------|---------------|------------------|------------|-------------|----------|---------------|------|------|----------|-------------|---------|-----------|------|---------|--------|--------|-------|----------------|-----------------|
|        |                                                      | Per 100g         |               |               |               |                  |            |             |          |               |      |      |          |             |         |           |      |         |        |        |       |                |                 |
|        | Cobb Salad (base only, no protein)                   | 224              | 74            | 4.5           | 2             | 2.9              | 0.7        | 5.5         | 0.33     | ✓             | ✓    |      |          |             |         |           |      |         |        | MC     |       |                | MC              |
|        | Spicy Fiesta Salad (base only, no protein)           | 236              | 58            | 2             | 1.1           | 6.8              | 1.7        | 3.3         | 1        | ✓             |      |      |          |             |         |           |      | ✓       | MC     | MC     |       |                | MC              |
|        | Grilled Nuggets (protein only, default for Cobb)     | 88               | 139           | 2.7           | 0.6           | 3.3              | 1.1        | 25          | 1        |               |      |      |          |             |         |           |      |         |        |        |       |                |                 |
|        | Spicy Filet (protein only, default for Spicy Fiesta) | 106              | 201           | 9.2           | 1.7           | 8.6              | 1.5        | 21          | 2.4      | ✓             | ✓    |      |          |             | ✓       |           |      | ✓       |        |        |       | ✓ <sup>W</sup> |                 |
|        | Grilled Filet (protein only)                         | 89               | 131           | 2.1           | 0.4           | 2.5              | 0.9        | 25          | 1        |               |      |      |          |             |         |           |      |         |        |        |       |                |                 |
|        | Chick-fil-A® Filet (protein only)                    | 108              | 209           | 10            | 1.8           | 9.4              | 1.6        | 20          | 2.3      | ✓             | ✓    |      |          |             | ✓       |           |      | ✓       |        |        |       | ✓ <sup>W</sup> |                 |
|        | Chick-fil-A® Nuggets (protein only)                  | 120              | 207           | 10            | 1.9           | 7.5              | 1.1        | 21          | 2.2      | ✓             | ✓    |      |          |             | ✓       |           |      | ✓       |        |        |       | ✓ <sup>W</sup> |                 |

## Dipping Sauces, Dressings & Toppings

[illegible]

## Sides

Sides

|                                  |  | Serving Size (g) |         |       | Energy (kcal) | Total Fat (g) | Saturates (g) | Carbohydrate (g) | Sugars (g) | Protein (g) | Salt (g) | Milk Products | Eggs | Fish | Molluscs | Crustaceans | Peanuts | Tree Nuts | Soya | Mustard | Sesame | Celery | Lupin | Gluten | Sulphur Dioxide |
|----------------------------------|--|------------------|---------|-------|---------------|---------------|---------------|------------------|------------|-------------|----------|---------------|------|------|----------|-------------|---------|-----------|------|---------|--------|--------|-------|--------|-----------------|
|                                  |  | small            | regular | large | Per 100g      |               |               |                  |            |             |          |               |      |      |          |             |         |           |      |         |        |        |       |        |                 |
| menu item                        |  |                  |         |       |               |               |               |                  |            |             |          |               |      |      |          |             |         |           |      |         |        |        |       |        |                 |
| Chick-fil-A® Waffle Potato Fries |  | 63               | 88      | 111   | 313           | 15            | 1.4           | 37               | 0.3        | 3.5         | 0.74     |               |      |      |          |             |         |           |      |         |        |        |       |        |                 |
| Fruit Cup - Regular              |  |                  | 129     |       | 68            | 0.7           | 0.1           | 16               | 9.4        | 0.9         | 0        |               |      |      |          |             |         |           |      |         |        |        |       |        |                 |
| Fruit Cup - Small                |  |                  | 104     |       | 74            | 0.7           | 0.1           | 17               | 9.7        | 0.9         | 0        |               |      |      |          |             |         |           |      |         |        |        |       |        |                 |
| Side Salad                       |  |                  | 103     |       | 60            | 4             | 2.3           | 2.1              | 0          | 4           | 0.23     | ✓             |      |      |          |             |         |           |      |         |        | MC     |       |        | MC              |

## Kid's Meals

[illegible]

## Drinks

[illegible]

## Treats

[illegible]